



Enjoy the Freedom of Home Fitness

The Active&Fit Enterprise[™] program helps you stay active no matter where you live or where you like to work out!

Choose one Home Fitness Kit for only \$10 per benefit year:*

Fitbit® or Zewa® Wearable Fitness Tracker Kit





Beginner Yoga Kit with a mat and hand towel



Walking/Trekking Kit with 2 walking poles



Intermediate/Advanced Yoga Kit with a yoga strap and 2 yoga blocks



Pilates Kit with a Pilates ball and towel



Beginner Strength Kit with 3-pound dumbbells and exercise bands



Beginner Swim Kit with swimming goggles and a kickboard



Intermediate Strength Kit with 5-pound dumbbells and exercise bands



Advanced Swim Kit with aquatic resistance gloves and a pull float



Advanced Strength Kit with 10-pound dumbbells and exercise bands



To order your Home Fitness Kit, please visit ActiveandFit.com. Once you choose a kit, you will get an online promo code. Follow the instructions on how to redeem the code. Your kit will be mailed to you. Shipping times for kits may vary. For questions, call us toll-free at 1.877.771.2746, Monday through Friday, 5 a.m. to 6 p.m. PST.

*Home Fitness Kit promo codes cannot be used in combination with any other promotions on third-party vendor websites. Once selected, **kits cannot be exchanged**. The promo code will expire at the end of your benefit year.

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