

Onsite Biometric Screenings

Support your team's health and productivity by hosting biometric screenings at your worksite with HMAA! We offer convenient, custom onsite screenings that can be helpful in identifying potential health risk factors for chronic diseases or conditions such as hypertension or diabetes.

What's Included

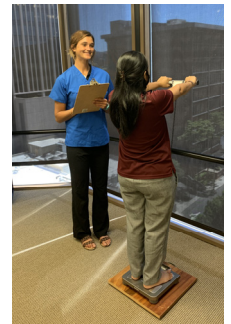
The following screenings are available to HMAA and non-HMAA members age 18 and older. Spouses and dependents are also welcome! Screenings are voluntary, and no personal health information is shared with the employer. HMAA members with any results outside the target range will receive a letter in the mail encouraging them to discuss their results with their primary care physician.

Biometric Screenings - No Blood Test

1. Body Composition with Body Mass Index (BMI)

2. Blood Pressure

- No cost to host the screening.
- No cost to participants.
- No minimum participation requirement.
- Allow 4 to 5 minutes to screen each participant.
- Includes a report of wellness program recommendations based on the screening results.



Biometric Screenings with Blood Test

1. Body Composition with Body Mass Index (BMI)

2. Blood Pressure

3. Cholesterol and Glucose Tests (Non-Fasting)

- No cost to host when 50 or more participants are screened. If the minimum is not met, a \$350 fee will apply per screening event.
- No cost to participants.
- Allow 10 to 15 minutes to screen each participant.
- Includes a report of aggregate screening results, historical participation counts, and wellness program recommendations.



Scheduling

- To request a biometric screening event, contact your Account Manager or email HMAAwellness@hmaa.com. Our wellness team will be in touch to coordinate event details including location, date and time, participation, and parking instructions.
- Requests must be submitted at least **6 weeks** in advance. Scheduling is based on availability.
- Events are a minimum of 4 hours at a single location. Additional screening events may be scheduled upon request.
- We will provide an optional template for participant sign-ups.
- The client must provide tables, chairs, and adequate space to accommodate our screening equipment and staff.

Contact our Wellness Team at (808) 791-7635 or HMAAwellness@hmaa.com if you have questions. We look forward to working with you!